

# Moksha Yoga Burlington

## Energy Exchange Program

\* We will give you unlimited yoga classes for 4 hours of your time and energy per week

You must commit to the same time and day every week for 3 months

### Contact Info

Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Address: \_\_\_\_\_

Birthday (MM/DD): \_\_\_\_\_

Phone: \_\_\_\_\_

Alt. Phone: \_\_\_\_\_

### Availability

Please circle all times that you are available to work. AM shifts are typically from mid-morning to mid-afternoon and PM shifts are typically from early evening to late evening. Weekends usually have an earlier start and finish than weekdays

MON: AM/PM

TUES: AM/PM

WED: AM/PM

THURS: AM/PM

FRI: AM/PM

SAT: AM/PM

SUN: AM/PM

### Personal Info

Do you currently practice yoga regularly?: \_\_\_\_\_

Are you currently in school? (If yes, P/T or F/T?): \_\_\_\_\_

Are you presently employed? (If yes, P/T or F/T?): \_\_\_\_\_

Would you prefer to work at the front desk, or cleaning?: \_\_\_\_\_

### Your Story

Why do you want to be part of the Moksha Yoga Burlington trade program?

Your Signature: \_\_\_\_\_

Today's Date: \_\_\_\_\_